

Since starting the class about 18 months ago, the size has grown from 15 to 35 members. "Some of them may be inspired by watching soldiers in Iraq on the nightly news," he said.

The age range of the class varies from 14 to 55 and includes one 72-year-old woman who is training for a triathlon. "After the Boot Camp she does 45-minutes of cardio on the treadmill," said Womack.

When each class starts up he dons the full Battle Dress Uniform attire complete with spit shined boots and drill instructor hat. However, the following sessions don't get the same kind of display. "I always wear something military, even if it is just a t-shirt, and something different," said Womack.

Womack has taught the class at several other locations and also serves as a personal trainer to about 10 clients. At the city

of Tracy's Fourth of July celebration, he led approximately 300 youngsters through a mini version of his boot camp complete with an obstacle course. Additionally, every Thursday, he helps teach Reserve Officer Training Candidates (ROTC) at Edison High School in Stockton. There he takes them through physical training and conducts drill and ceremony exercises, preparing them for their two-week summer camp. For several years he has provided his boot camp training for the youths in his church.

Womack is making video of his boot camp class. The 40-minute video complete with music provides the same instruction and workout program found in his class. He is working out the legal matters and plans on marketing the tape for \$20. "I'm living a life long dream," said Womack. "I've always wanted to be an actor and this is the beginning."

## DDJC Class of '03 Reaches Educational Milestones

Four Defense Distribution Depot San Joaquin (DDJC) teammates reached milestones in their education completing degrees or extended training at local colleges.

**Tonya Vaughn-Bush**, the administrative assistant for the Bin Division, earned a bachelors degree from Humphrey's College in Administrative Management. The degree comes after spending six years at Humphreys and one year at Chabot College in Hayward. "It seemed like long time," she said. "I didn't take any time off, even during the summer."

With degree in hand, she hopes to advance her government career either at DDJC or elsewhere. "I'd like to get into the contracting field," she said.

Her advice to others pursuing a degree while working is to take your time. "Don't get overwhelmed and overload yourself."

While she wasn't there some evenings to cook dinner for her 17-year-old son, she was able to help him with his schoolwork. "The math classes I took helped me better understand his work," noted Vaughn-Bush.

**Rene Olivas**, a supply technician in the Inventory Integrity Division, earned an Associate of Arts Degree in Psychology this spring from Delta College. She figures she spent about five years pursuing the degree with an occasional break. "I thought I would never see the end of the road," Olivas recalled. "At first it was a struggle since I hadn't been to school in ten years. However the more involved I got, the easier it became and getting good grades became easier."

Her goal is to continue her education in the field of Psychology at either Cal State Stanislaus or University of the Pacific. She would like to get into merchandising and work perhaps as a buyer, possibly for the government. "I've seen a lot of job opportunities in this field in Southern California," she said.

Also in May, wood worker **Jose Rodriguez** earned his Associates of Art degree in theology from Advantage College in Sacramento. It took him about two and a half years to complete the required coursework, attending two nights each week. "I was going three nights a week," said Rodriguez. "However, it got to be too much, so I cut back."

Prior to attending Advantage College he went to the Bible Institute in San Francisco for three years. Rodriguez has served as a licensed minister for the past seven years. He is working to become an ordained minister next year in the International Pentecostal Holiness Church. He also plans to get a bachelor's degree in theology in two years.

**Kathy Greenwood**, a transportation assistant, recently completed coursework at Delta College to earn a Distribution and Supervisory Transportation Certificate. The certificate takes 24 units of college courses. She is also one class short of getting another certificate for shipping and receiving. "Once I complete that class I will have taken all that Delta offers in the Transportation field," Greenwood pointed out. "I learned a lot and the classes really help me out in my job."

She has worked in the Transportation field for 24 years. "It is a very interesting field," she said. "It changes all the time." Once she gets her next certificate, she may continue on for an Associates Degree.



*Col Visker recently recognized DDJC teammates for educational milestones and supporting the Learning and Growth portion of the DDJC Business Plan. Shown with the DDJC Commander are from left, Kathy Greenwood, Jose Rodriguez and Rene Olivas. Tonya Vaughn-Bush was absent.*