

**JULY 2004
CDC/SAS MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1. B- Crispix, Banana & Milk L- Roast Beef & Cheese Wrap, Celery & Carrots (under 4 Cooked), Cantaloupe & Milk S- Peanut Butter Cookies & Milk	2. B- Cinnamon Coffee Cake, Fresh Peach Slices & Milk L- Pasta W/Meat Sauce, Tossed Salad (Under 4 Sliced Zucchini), Nectarine Slices & Milk S- Vegetable and Cheese Tray & Bottled Water
5. 4th of July Holiday Center Closed	6. B- Apple Bread, Cantaloupe & Milk L- Tacos (Chicken, Corn Tortilla (Under 4 Flour Tortilla) Lettuce, Tomato, & Cheese), Honeydew Chunks & Milk S- ½ Peanut Butter & Jelly Sandwich & Milk	7. B- Corn Flakes, Fresh Pear Wedges & Milk L- Baked Fish, Tossed Salad (Under 4 Cauliflower), Honeydew Melon, French Bread & Milk S- Honey Teddy Grahams, Yogurt & Milk	8. B- French Toast, Fruit Cup & Milk L- Egg Salad, Pita Bread, Celery & Carrot Sticks (Under 4 Cooked), Ranch Dressing, Strawberries & Milk S- Chocolate Chip Cookies & Milk	9. B- Cheerios, Fresh Peach Slices & Milk L- Baked Ham, Three Bean Salad, Pineapple Chunks (Under 4 Applesauce), Homemade Biscuit & Milk S- Trail Mix & Grape Juice
12. B- Waffles, Applesauce & Milk L- Hamburger, Green Beans, Potato Salad, Watermelon & Milk S- All Natural Fruit Bar & Milk	13. B- Apple Bran Muffin, Fresh Pear Slices & Milk L- Beef and Bean Burrito, Lettuce, Tomato, Cheese, Fresh Plums (Under 4 Skinless and Seedless) & Milk S- Cinnamon Coffeecake & Milk	14. B- Crispix, Applesauce & Milk L- BBQ Pork, Baked Beans (Under 4 Green Beans), Cole Slaw, Fruit Cup, Bread & Milk S- Soft Pretzel & Pineapple Juice	15. B- Donuts, Fresh Pear Chunks & Milk L- Turkey and Cheese Sandwich, Celery and Carrot Sticks (Under 4 Cooked), Apple Wedges (Under 4 Applesauce) & Milk S- Peanut Butter Cookies & Milk	16. B- Corn Flakes, Orange Juice & Milk L- Roasted Chicken, Mashed Potatoes, Peas, Orange Slices, Dinner Roll & Milk S- Assorted Cheese and Crackers & Mixed Fruit Juice
19. B- Blueberry Muffin, Honeydew Melon & Milk L- Pizza w/Meat Sauce, Tossed Salad (Under 4 Green Beans), Watermelon & Milk S- Vegetable Tray with Dip & Milk	20. B- Bagel, Scrambled Eggs & Apple Juice L- Fish Nuggets, Baked Macaroni and Cheese, Broccoli, Strawberries, French Bread & Milk S- Honey Teddy Grahams & Milk	21. B- Cheerios, Banana & Milk L- Oven Fried Chicken, French Fries, Green Beans, Wheat Bread, Watermelon & Milk S- Assorted Cheese, Crackers & Lemon Slice Water	22. B- Croissant, Cantaloupe & Milk L- Ham and Cheese Hoagie, Lettuce, Tomato, Ranch Dressing, Celery and Carrot Sticks (Under 4 Cooked), Grapes (Under 4 Skinless & Seedless) & Milk S- Goldfish & Milk	23. B- Rice Krispies, Pineapple Juice & Milk L- Baked Tuna Patties, Pasta Salad, Sweet Peas, Grapes (Under 4 Skinless & Seedless), Bread & Milk S- Animal Crackers, Yogurt & Apple Juice
26. B- Waffles, Banana Slices & Milk L- Sloppy Joe on Roll, Pasta Salad, Tator Tots, Watermelon & Milk S- Assorted Fruit, Yogurt & Milk	27. B- Blueberry Pancakes, Fresh Peach Slices & Milk L- Chicken Nuggets, Tator Tots, Tossed Salad (Under 4 Cooked Baby Carrots), Fresh Apricot Halves, Bread & Milk S- Butter Cookies & Milk	28. B- Rice Krispies, Fresh Peach Chunks and Milk L- Roasted Pork, Baked Beans (Under 4 Green Beans), Cole Slaw, Fruit Cup, Bread & Milk S- Spinach Dip, Crackers & Apple Juice	29. B Cinnamon Streusel Muffin, Pears & Milk L- Vegetable Frittata, Tomato Salad, Italian Dressing, Italian Bread & Milk S- Banana Bread & Milk	30. B- Cheerios, Apple Juice & Milk L- Spaghetti W/Meatballs, Tossed Salad, (Under 4 Zucchini & Squash), French Bread & Milk S- Vanilla Pudding, Vanilla Wafers & Apple Juice