

**JULY 2004 MENU CANTEEN**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1. Roast Turkey Bread Stuffing Whipped Potatoes w/Gravy & Buttered Corn \$4.50 Macaroni Beef	2. Chicken & Waffles w/ whipped potatoes, peas & carrots \$4.00  Soup Du Jour
5.  <b>4<sup>th</sup> OF JULY</b>	6. Chicken Pot Pie w/ Peas & Carrots \$4.00  Corn Chowder	7. Baked Ham w/Baked Sweet Potatoes & Sugar Peas \$4.00  Chili	8. Barbecue Chicken Baked Beans Corn on Cob \$4.00  Vegetable Beef	9. Beef Barbecue Sandwich \$2.50 w/macaroni & cheese \$3.50  Tomato
12. Swedish Meatballs Over noodles & mixed vegetables \$4.00  Macaroni Beef	13. Meat Loaf Whipped Potatoes w/Gravy Sliced Carrots \$4.00  Chicken Noodle	14. Swiss Steak Whipped Potatoes Green Beans \$4.00  Chicken Corn	15. Stuffed Chicken Breast Whipped Potatoes w/Gravy & Buttered Corn \$4.50 Sausage & Bean	16. Fried Shrimp & French Fries  \$4.50  Vegetable
19. Country Fried Steak Whipped Potatoes W/gravy Buttered corn \$4.00  Beef Noodle	20. Deep Fried Chicken Au Gratin Potatoes Mixed Vegetables \$4.00  Ham & Bean	21. Hot Roast Beef Sandwich Whipped Potatoes w/Gravy & Steam Broccoli & Cauliflower \$4.00 Chili	22. Roast Turkey Bread Stuffing Whipped Potatoes w/Gravy & Buttered Corn \$4.50 Chicken Corn	23. Veal Parmesan w/Spaghetti  \$4.00  Soup Du Jour
26. Hearty Beef Stew  \$4.00  Chicken Noodle	27. Stuffed Chicken Breast Whipped Potatoes w/gravy and Buttered Corn \$4.50 Macaroni Beef	28. Baked Lasagna w/ Garlic Toast \$4.00  Chicken Rice	29. Batter Dipped Fish Macaroni & Cheese Stewed Tomatoes \$4.25  Vegetable Beef	30. (4) Chicken Fingers & Au gratin Potatoes \$4.00  Maryland Crab